

## **TRAINING PACKAGE – DAY 1**

Days can be selected individually and in any preferred order  
(Minimum 20 People)

**Morning Tea:** includes disposable plates & napkins

- Mini Scones w jam & whipped cream – baked fresh daily in house
- Lamb Rusticas – homemade sausage rolls w tomato chutney – served hot
- Spinach, Leek & Feta Pie w lemon – served hot

**Lunch:** includes disposable plates, forks & napkins

- Point Sandwiches - on white, wholemeal & multigrain bread. Fillings include: leg ham, cheddar & tomato/egg & lettuce/turkey, cranberry & brie/tuna & shallot/chicken & avocado/classic vegan salad/beef, rocket & horseradish/pumpkin, ricotta & spinach
- Gourmet Wraps – sundried tomato flat bread w assorted gourmet meat & vegetarian fillings
- Chickpea, Vegetable & Cashew Fritters w Yoghurt Dip GF – served hot
- Fresh Seasonal Sliced Fruit Platter

**\$24.80 per person for half day catering - Food Only**

**Afternoon Tea:**

- Mini Belgian Chocolate Cookies – moist, chewy & delicious
- Farmhouse Cheese Platter w Organic Fruit & Nut bread & Water Crackers

**\$29.80 per person for full day catering - Food Only**

(\$27.80 per person for Light Afternoon Tea Option – Cookies only)

**Beverages**

- 100% Orange juice \$6.80 per litre / Fruit juice drink \$4.80 per litre
- Sparkling San Pellegrino water \$6.80 per litre/Individual 600ml water \$3.00ea
- Coffee and Tea package priced from \$3.80 per person

**EXTRAS NOT INCLUDED**

Credit Card & Amex Card Fee: @ 1.5%

Special Dietary Requirements / Delivery Fee:

(07) 3391 1900

E: [orders@redboxcatering.com.au](mailto:orders@redboxcatering.com.au)

**“healthy can be delicious”**

Minimum 20 People

All prices exclusive of GST

Train Pkge – 5 Day 2019 – JULY 2019

## **TRAINING PACKAGE – DAY 2**

Days can be selected individually and in any preferred order  
(Minimum 20 People)

**Morning Tea:** includes disposable plates & napkins

- Healthy Fruit & Buttermilk Muffins: strawberry & ricotta / apple, cinnamon & oats banana & walnut / blueberry & mango muesli
- Honey & spice muffins w ricotta whip / Pumpkin & ricotta muffins w chive whip
- Pork & Vegetable Spring Rolls w sweet chilli sauce – served hot

**Lunch:** includes disposable plates, forks & napkins

- Gourmet Turkish Sandwiches – Mediterranean style bread w assorted gourmet meat & vegetarian fillings
- Chicken & Sweet Corn Frittatas
- Roast Mediterranean Vegetable & Basil Frittatas
- Fresh Seasonal Sliced Fruit Platter

**\$24.80 per person for half day catering - Food Only**

**Afternoon Tea:**

- Hazelnut, Chocolate & Coffee Baci Cake GF
- Alfresco Dip Platter w Crisp Bread, GF Crackers & Crunchy Vegetable Sticks

**\$29.80 per person for full day catering - Food Only**  
(\$27.80 per person for Light Afternoon Tea Option – Cake Slices only)

**Beverages**

- 100% Orange juice \$6.80 per litre / Fruit juice drink \$4.80 per litre
- Sparkling San Pellegrino water \$6.80 per litre/Individual 600ml water \$3.00ea
- Coffee and Tea package priced from \$3.80 per person

**EXTRAS NOT INCLUDED**

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## TRAINING PACKAGE – DAY 3

Days can be selected individually and in any preferred order

(Minimum 20 People)

**Morning Tea:** includes disposable plates & napkins

- Cake Buffets : pecan & blueberry friand / carrot cake / raspberry & yoghurt flourless chocolate **GF** / orange & almond **GF** / banana crumble **GF**
- Triple Chocolate Brownie & White Chocolate Blondie Bites
- Turkish Open Grills – Chicken & Pineapple / Avocado & Tomato – served hot

**Lunch:** includes disposable plates, forks & napkins

- Gourmet Wraps – sundried tomato flat bread w̄ assorted gourmet meat & vegetarian fillings
- Point Sandwiches - on white, wholemeal & multigrain bread. Fillings include: leg ham, cheddar & tomato/egg & lettuce/turkey, cranberry & brie/tuna & shallot/chicken & avocado/classic vegan salad/beef, rocket & horseradish/pumpkin, ricotta & spinach
- Crunchy Hummus, Mint & Feta Balls w̄ tzatziki dip **GF** – served hot
- Fresh Seasonal Sliced Fruit Platter

**\$24.80 per person for half day catering - Food Only**

**Afternoon Tea:**

- Ultimate Vanilla Cupcakes w̄ cream cheese frosting
- Farmhouse Cheese Platter w̄ Organic Fruit & Nut Bread & Water Crackers

**\$29.80 per person for full day catering - Food Only**

(\$27.80 per person for Light Afternoon Tea Option – Cupcakes only)

**Beverages**

- 100% Orange juice \$6.80 per litre / Fruit juice drink \$4.80 per litre
- Sparkling San Pellegrino water \$6.80 per litre/Individual 600ml water \$3.00ea
- Coffee and Tea package priced from \$3.80 per person

**EXTRAS NOT INCLUDED**

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## TRAINING PACKAGE – DAY 4

Days can be selected individually and in any preferred order  
(Minimum 20 People)

**Morning Tea:** includes disposable plates & napkins

- Assorted Danish Pastries – cherry / peach / apple
- Bacon & Egg Toasted Sandwiches w̄ bbq sauce – served hot
- Haloumi & Tomato Toasted Sandwiches w̄ basil pesto – served hot

**Lunch:** includes disposable plates, forks & napkins

- Gourmet Sourdough Sandwiches – light rye high top loaf w̄ assorted gourmet meat & vegetarian fillings
- Tuscan Herb & Tomato Meatballs w̄ napoli sauce
- Semi-Dried Tomato, Pinenut & Feta Balls GF
- Fresh Seasonal Sliced Fruit Platter

**\$24.80 per person for half day catering - Food Only**

**Afternoon Tea:**

- Jam Drop Shortbreads – baked fresh in house
- Alfresco Dip Platters w̄ Crisp Bread, GF Crackers & Crunchy Vegetable Sticks

**\$29.80 per person for full day catering - Food Only**

(\$27.80 per person for Light Afternoon Tea Option – Brownies/Blondies only)

**Beverages**

- 100% Orange juice \$6.80 per litre / Fruit juice drink \$4.80 per litre
- Sparkling San Pellegrino water \$6.80 per litre/Individual 600ml water \$3.00ea
- Coffee and Tea package priced from \$3.80 per person

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## TRAINING PACKAGE – DAY 5

Days can be selected individually and in any preferred order

(Minimum 20 People)

**Morning Tea:** includes disposable plates & napkins

- Wholemeal Banana, Date & Pecan Bread – toasted – served hot
- Cake Slices – chocolate mud / rhubarb & almond / fruit & nut muesli hazelnut & coffee **GF** / orange & almond **GF** / banana crumble **GF**
- Quiches – Ham & Gruyere / Turkey & Brie / Roast Vegetable & Pesto

**Lunch:** includes disposable plates, forks & napkins

- Point Sandwiches - on white, wholemeal & multigrain bread. Fillings include: leg ham, cheddar & tomato/egg & lettuce/turkey, cranberry & brie/tuna & shallot/chicken & avocado/classic vegan salad/beef, rocket & horseradish/pumpkin, ricotta & spinach
- Gourmet Wraps – sundried tomato flat bread w assorted gourmet meat & vegetarian fillings
- Pumpkin & Brie Risotto Cakes w roast pepper relish – served hot
- Fresh Seasonal Sliced Fruit Platter

**\$24.80 per person for half day catering - Food Only**

**Afternoon Tea:**

- Pikelets w jam and cream – freshly made in house
- Farmhouse Cheese Platter w Organic Fruit & Nut Bread & Water Crackers

**\$29.80 per person for full day catering - Food Only**

(\$27.80 per person for Light Afternoon Tea Option – Pikelets only)

**Beverages**

- 100% Orange juice \$6.80 per litre / Fruit juice drink \$4.80 per litre
- Sparkling San Pellegrino water \$6.80 per litre/Individual 600ml water \$3.00ea
- Coffee and Tea package priced from \$3.80 per person

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